

Mini-Course: TOUCH

CE Hours: 1

***Reading:
Pp. 107-118***

Learning Goals:

- 1) To discuss the values and dangers in the use of touch in helping professional relationships.
- 2) To list guidelines for the use of touch.
- 3) To be able to assess for the use of touch with clients.

Self-Study Practices:

Complete Self-Study 1—Awareness of the Effect of Touch—on page 116.

Complete Self-Study 2—Qualities and Intentions in Touch—on pages 116-117.

Assessment Questions:

1. In what 4 ways can touch be helpful in the healing process?
 - 1.
 - 2.
 - 3.
 - 4.
2. What are 4 guidelines for the therapeutic use of touch?
 - 1.
 - 2.
 - 3.
 - 4.
3. What are 3 signs of danger?
 - 1.
 - 2.
 - 3.
4. What are some general assessment factors for the use of touch?
four client factors:
 - 1.
 - 2.
 - 3.
 - 4.

four therapist/practitioner factors:

- 1.
- 2.
- 3.
- 4.

5. Therapeutic Touch should be:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Feedback

1. Please rate in terms of value: 1 (lowest) 5 (highest)

professional _____
personal _____
reading _____
self-study _____
questions _____

2. Please rate from 1 (lowest).....5 (highest)

What was the degree of ease, if needed, in communicating with me _____
What is the quality of reading materials (ie professional in appearance, accurate information, free of typos) _____
Was there adequate support for the content questions _____
Were the unit objectives supported by the home study materials _____
Were assignments carried out in a private and secure manner _____
Did the content lend itself to a home study format _____

3. How many hours/minutes did the following pieces take you?

reading _____
self-study _____
questions _____

4. Anything else you'd like to say?

5. Your Helping Profession _____

6. Organization Requiring CEUs _____

Continuing Education

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